

Worshiping and Praying With the BCP
Week 3: Morning Prayer + Final Q&A

Morning Prayer

PREPARATION:

- Mark beginning of morning prayer (p. 74)
- Mark lectionary (Week 7 of Easter - p. 964)
 - Psalm 66, 67 / Ezek. 3:16-27 / Matt. 10:24-33, 40-42
- Mark Psalms for the morning (66, 67) - p. 673
- Mark Collect of the Day (Seventh Sunday of Easter - p. 226).

OUTLINE

Scripture

- Opening sentence of Scripture - *"Alleluia"*.
- Confession of Sin / Absolution
- Invitatory - *"Christ our Passover"*
- Psalter - 66, 67 - *"Glory to the Father"*
- The Lessons
 - Ezek. 3:16-27 - *Canticle 21: You are God*
 - Matt. 10:24-33, 40-42 - *Canticle 16: The Song of Zechariah*
- Apostles' Creed

Prayer

- Lord's Prayer - *contemporary*
- Suffrages - (A)
- Collects
 - Collect of the Day - *Seventh Sunday of Easter*
 - Collect for Sundays
- Prayer for Mission - *"Almighty and everlasting God..."*
- Thanksgivings and Intercessions
- Closing Prayer - *The General Thanksgiving*
- Grace - *"The grace of our Lord Jesus Christ"*

OTHER RESOURCES

- Midday prayer (p. 103) and Compline (p. 127)
- Daily Devotions For Families and Individuals (136)
- *St. Augustine's Prayer Book*, especially Morning Litany p. 44
- *Readings for the Daily Office From the Early Church*, J. Robert Wright

ASSIGNMENT:

Keep praying. Establish a habit of daily prayer.

3-6 months of just “saying your prayers”
Don’t evaluate “how it’s going,” just pray.

ON PRAYING LITURGICALLY

From Br. Abraham at Saint Gregory’s Abbey in Three Rivers Michigan:

[As we pray the same prayers in the same spot every day...] “we are freed from the notion that our prayer should reflect our own whims and desires, allowing us to open up to allow the Holy Spirit to pray through us. We join in the prayer of all those around the world who have prayed before us and all who will pray after we are long gone. We are held together by the Holy Spirit inside all of us and surrounding us. We learned that our prayer is not about us and does not depend on us, so we never have to worry about ‘getting it right’. This is all amazingly freeing. We are in a communion of saints who hold us in prayer as we hold others in prayer. We do not and cannot understand our relationship with each other in this communion, but we can live in it and depend on it. We can be at all times and all places with all these others to whom we are joined in prayer.”