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TABLE

Daily Morning Prayer
for Lent 2020

Opening Sentence of Scripture *Mark 8:34*

If anyone would come after me, let him deny himself and take up his cross and follow me.

Confession of Sin

Let us humbly confess our sins to Almighty God.

Silence is kept. All kneeling, the Officiant and People say

Almighty and most merciful Father, we have erred and strayed from your ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against your holy laws. We have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and apart from your grace, there is no health in us. O Lord, have mercy upon us. Spare all those who confess their faults. Restore all those who are penitent, according to your promises declared to all people in Christ Jesus our Lord. And grant, O most merciful Father, for his sake, that we may now live a godly, righteous, and sober life, to the glory of your holy Name. Amen.

Grant to your faithful people, merciful Lord, pardon and peace; that we may be cleansed from all our sins, and serve you with a quiet mind; through Jesus Christ our Lord. **Amen.**

Invitatory

O Lord, open our lips;

And our mouth shall proclaim your praise.

O God, make speed to save us;

O Lord, make haste to help us.

Glorify be to the Father, and to the Son, and to the Holy Spirit;

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Praise the Lord.

The Lord's Name be praised.

Venite *O Come - Psalm 95:1-11*

The Lord is full of compassion and mercy: *

O come, let us adore him.

O come, let us sing unto the Lord; *

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving *

and show ourselves glad in him with psalms.

For the Lord is a great God *

and a great King above all gods.

In his hand are all the depths of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands prepared the dry land.

O come, let us worship and fall down, *

and kneel before the Lord our Maker

For he is our God, *

and we are the people of his pasture,

and the sheep of his hand.

Today, if you will hear his voice, harden not your hearts *

**as in the provocation, and as in the day of temptation
in the wilderness,**

When your fathers tested me, *

and put me to the proof, though they had seen my works.

Forty years long was I grieved with this generation, and said, *

**"It is a people that err in their hearts,
for they have not known my ways,"**

Of whom I swore in my wrath *

that they should not enter into my rest.

The Lord is full of compassion and mercy: *

O come, let us adore him.

The Psalms

One or more Psalms are read, after which is said:

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever.

Amen.

Scripture Reading

Selections from Scripture are read, after which is said:

The Word of the Lord.

Thanks be to God.

The Song of Zechariah *Benedictus - Luke 1:68-79*

Blessed be the Lord, the God of Israel; *

he has come to his people and set them free.

He has raised up for us a mighty savior, *

born of the house of his servant David.

Through his holy prophets he promised of old

that he would save us from our enemies, *

from the hands of all who hate us.

He promised to show mercy to our fathers *

and to remember his holy covenant.

This was the oath he swore to our father Abraham, *

to set us free from the hands of our enemies,

Free to worship him without fear, *

holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High, *

for you will go before the Lord to prepare his way,

To give his people knowledge of salvation *

by the forgiveness of their sins.

In the tender compassion of our God *

the dawn from on high shall break upon us,

To shine on those who dwell in darkness

and in the shadow of death, *

and to guide our feet into the way of peace.

Glory be to the Father, and to the Son, and to the Holy Spirit; *

**as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead. On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

**the communion of saints, the forgiveness of sins,
the + resurrection of the body, and the life everlasting. Amen.**

The Prayers

The Lord be with you.

and also with you.

Let us pray.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as it is in heaven.**

**Give us today our daily bread. And forgive us our sins
as we forgive those who sin against us.**

Save us from the time of trial, and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

○ Lord, show your mercy upon us;

And grant us your salvation.

○ Lord, guide those who govern us;

And lead us in the way of justice and truth.

Clothe your ministers with righteousness;

And let your people sing with joy.

○ Lord, save your people;

And bless your inheritance.

Give peace in our time, ○ Lord;

And defend us by your mighty power.

Let not the needy, ○ Lord, be forgotten;

Nor the hope of the poor be taken away.

Create in us clean hearts, ○ God;

And take not your Holy Spirit from us.

The Collect of the Day *(from the previous Sunday)*

Ash Wednesday *(February 26, 2020)*

Almighty and everlasting God, you hate nothing you have made, and you forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Sunday in Lent *(March 1, 2020)*

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations, and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Second Sunday in Lent *(March 8, 2020)*

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities that may happen to the body, and from all evil thoughts that may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Third Sunday in Lent *(March 15, 2020)*

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Fourth Sunday in Lent *(March 22, 2020)*

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Fifth Sunday in Lent *(March 29, 2020)*

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Palm Sunday *(April 5, 2020)*

Almighty and everlasting God, in your tender love for us you sent your Son our Savior Jesus Christ to take upon himself our nature, and to suffer death upon the Cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and come to share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Monday of Holy Week *(April 6, 2020)*

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Tuesday of Holy Week *(April 7, 2020)*

O Lord our God, whose blessed Son gave his back to be whipped and did not hide his face from shame and spitting: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Wednesday of Holy Week *(April 8, 2020)*

Assist us mercifully with your grace, Lord God of our salvation, that we may enter with joy upon the meditation of those mighty acts by which you have promised us life and immortality; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Maundy Thursday *(April 9, 2020)*

Almighty Father, whose most dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it in thankful remembrance of Jesus Christ our Savior, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Good Friday *(April 10, 2020)*

Almighty God, we beseech you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed and given into the hands of sinners, and to suffer death upon the Cross; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Holy Saturday *(April 11, 2020)*

O God, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; through Jesus Christ our Lord. **Amen.**

Then follows

A Collect For Endurance

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the Cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name.

Amen.

Personal Prayer

Intercessions and thanksgivings are offered, after each is said:

Lord, in your mercy,
hear our prayer.

The General Thanksgiving

Almighty God, Father of all mercies,

**we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.**

**We bless you for our creation, preservation,
and all the blessings of this life;**

**but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.**

**And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts**

**we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you**

in holiness and righteousness all our days;

Through Jesus Christ our Lord,

**to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

Let us bless the Lord.

Thanks be to God.

Grace *2 Corinthians 13:14*

The grace of our + Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**